

Thyroid Problem

By Nobu Iwasaki

Hypothyroidism, or “under active thyroid”, is one of the thyroid problems and it is a condition of low thyroid hormone level. Low thyroid hormone level results in low metabolism.

One in ten people is said to be suffering from thyroid problem. However, Hypothyroidism is very difficult to diagnose clinically, so it is a much more common condition in reality. Its scientifically proven symptoms include slower heart beat, muscular weakness, puffy skin, fatigue, depression, poor memory and weight gain. Thyroxin is the major treatment for this condition, but it generally requires the patient to continue this treatment for life.

Japanese acupuncture can accurately detect your condition, and improve it without the use of herbs or chemicals. Through rebalancing the chi energy and stimulating the thyroid gland points, our treatments are one of the most effective, natural approaches to improve your well being.

For any enquiries or to book an appointment, call 07 5592 3327 or email contact@eastwestnaturaltherapies.com.

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